# Heath aven Price ist

## CHIROPRACTIC

INITIAL CHIRO VISIT 45MIN-1HR

CHIRO TREATMENT 15 MIN

CHIRO TREATMENT 20 MIN

CHIRO TREATMENT 30 MIN

CUSTOM MADE ORTHOTICS

\$150

\$65

\$80

\$95

\$500

## ACUPUNCTURE

INITIAL ACU ASSESSMENT 90 MIN FOLLOW-UP ACU VISIT 60 MIN

\$135

\$110

## REGISTERED MASSAGE THERAPY

MASSAGE THERAPY **45 MIN** 

MASSAGE THERAPY **60 MIN** 

MASSAGE THERAPY **75 MIN** 

MASSAGE THERAPY 90 MIN

\$105+HST

\$120+HST

\$140+HST

\$160+HST

## THAI MASSAGE THERAPY

THAI MASSAGE 60 MIN

THAI MASSAGE 90 MIN

\$130+HST

\$170+HST



## Health Haven Price List continued

### NATUROPATHY

\*THESE PRICES ARE THE SAME FOR IN-PERSON AND VIRTUAL

INITIAL VISIT - 75MIN - \$260

SECOND VISIT - 45MIN - \$160

FOLLOW-UP VISIT - 30MIN - \$100

FOLLOW-UP VISIT - 15MIN - \$60

\*NOTE: DISCOUNT OFFERS FOR CHILDREN, STUDENTS AND SENIORS

\$260

\$160

\$100

\$60

## PRIVATE YOGA / YOGA THERAPY

INITIAL YOGA ASSESSMENT 90 MIN
FOLLOW-UP YOGA SESSION 45 MIN
PACKAGES ARE AVAILABLE

\$140+HST

\$105+HST

CALL FOR INFO

### HYPNOTHERAPY

INITIAL APPOINTMENT 90 MIN
FOLLOW-UP HYNOTHERAPY 60 MIN

\$163+HST

\$133+HST

## Health Haven Price List continued

## ENERGY HEALING

REIKI WITH MARA - 60 MIN

REIKI WITH DANIELLE - 45 MIN

EFT WITH DANIELLE - 60 MIN

(EMOTIONAL FREEDOM TECHNIQUES)

\$120+HST

\$155+HST

\$255+HST

## CUSTOM ORGANIC FACIAL

CUSTOM ORGANIC FACIAL

\$120+HST

## SLEEP STYLIST

#### THIS CONCIERGE PACKAGE INCLUDES:

- 15-MINUTE PHONE CONSULTATION TO LEARN
  ABOUT YOUR SLEEP HABITS & CONCERNS
- HOME VISIT ASSESSMENT OF YOUR BED AND SLEEP POSITIONING
- CUSTOM PILLOW(S) (VALUED UP TO \$200,
   TAX INCLUDED) SELECTED SPECIFICALLY FOR
   YOUR NEEDS
- FOLLOW-UP SUPPORT ONE CHECK-IN
   AFTER 1 WEEK AND ANOTHER AFTER 6

   WEEKS TO FINE-TUNE YOUR SLEEP SETUP

\$595 - INCL

PILLOW(S) UP

TO \$200 (INCL

HST)

**EACH** 

**ADDITIONAL** 

**PERSON** 

\$250 (PLUS

COST OF

PILLOW(S))