

Health Haven Price List

CHIROPRACTIC

INITIAL CHIRO VISIT 45MIN-1HR	\$140
CHIRO TREATMENT 15 MIN	\$60
CHIRO TREATMENT 20 MIN	\$75
CHIRO TREATMENT 30 MIN	\$90
CUSTOM MADE ORTHOTICS	\$500

ACUPUNCTURE

INITIAL ACU ASSESSMENT 90 MIN	\$125
FOLLOW-UP ACU VISIT 60 MIN	\$100

HOMEOPATHY

INITIAL ASSESSMENT 90 MIN	\$180
FOLLOW-UP HOMEOPATHY 30 MIN	\$90

REGISTERED MASSAGE THERAPY

45 MIN MASSAGE	\$105+HST
60 MIN MASSAGE	\$120+HST
75 MIN MASSAGE	\$140+HST
90 MIN MASSAGE	\$160+HST



Health Haven Price List continued

THAI MASSAGE THERAPY

THAI MASSAGE 60 MIN	\$130+HST
THAI MASSAGE 90 MIN	\$170+HST
ADVANCED MUSCLE THERAPY 60 MIN	\$130+HST
LIFE COACHING WITH SITARA 60 MIN	\$130+HST

YOGA THERAPY

INITIAL YOGA ASSESSMENT 90 MIN	\$140+HST
FOLLOW-UP YOGA SESSION 45 MIN	\$105+HST
PACKAGES ARE AVAILABLE	CALL FOR INFO

PSYCHOTHERAPY (VIRTUAL)

INITIAL APPOINTMENT 50 MIN	\$180+HST
FOLLOW-UP PSYCHOTHERAPY 50 MIN	\$180+HST